



MENU QUIZ

- 1. At Denny's, which breakfast item has the least number of calories?**
 - a. Ham & Cheddar Omelet (just the omelet without toast or potatoes)
 - b. Country fried steak & eggs (just the steak and eggs without toast and potatoes)
 - c. An order of French toast with syrup & margarine (3 slices)
 - d. An order of pancakes (3) without syrup & margarine
 - e. Don't know
- 2. Which item at Baja Fresh has the least number of calories?**
 - a. Veggie Quesadilla
 - b. Ultimo Chicken burrito
 - c. Mahi Mahi Nachos
 - d. Two Carnitas Tacos
 - e. Don't know
- 3. Which item at Dunkin' Donuts has the fewest numbers of calories?**
 - a. Sesame bagel with cream cheese
 - b. 2 jelly filled donuts
 - c. Banana walnut muffin
 - d. A medium (24 oz) strawberry banana smoothie
 - e. Don't know
- 4. Which grande (16 oz) Starbucks drink has the fewest calories?**
 - a. Frappuccino Blend Coffee
 - b. Frappuccino Blended Crème
 - c. Chai Tea Latté
 - d. Carmel Macchiato
 - e. Cappuccino
 - f. Don't know
- 5. Which item at McDonald's has the most calories?**
 - a. Big Mac
 - b. 2 sausage mcgriddles
 - c. Large chocolate shake
 - d. 4 hamburgers
 - e. Don't know